



# WINTER SCHEDULE

**CHILD/YOUTH** Starts Jan 9th 2023

## MONDAY

9:00am-11:00am

Childminding\* (6 mths-5 yrs)

4:30pm-7:30pm

Childminding\* (6 mths-5 yrs)

5:00pm-6:15pm

Mini Chefs\* (5-12 yrs)

6:30pm-7:45pm

Mini Chefs\* (5-12 yrs)

## TUESDAY

8:30am-10:00am

Childminding\* (6 mths-5 yrs)

10:00am-10:45am

PlayPals in the pool\* (5 yrs and under)

10:30am-11:30am

PlayPals in the gym (5 yrs and under)

4:30pm-7:30pm

Childminding\* (6 mths-5 yrs)

5:00pm-7:00pm

Creative Y\* (5-12 yrs)

## WEDNESDAY

9:00am-11:00am

Childminding\* (6 mths-5 yrs)

4:30pm-7:30pm

Childminding\* (6 mths-5 yrs)

5:30pm-6:15pm

Hip Hop/Jazz\*\*\*

(Group 1) MEMBERTOU LOCATION

6:30pm-7:15pm

Hip Hop/Jazz\*\*\*

(Group 2) MEMBERTOU LOCATION

## THURSDAY

8:30am-10:00am

Childminding\* (6 mths-5 yrs)

10:00am-10:45am

PlayPals in the pool\* (5 yrs and under)

10:30am-11:30am

PlayPals in the gym (5 yrs and under)

4:30pm-7:30pm

Childminding\* (6 mths-5 yrs)

5:00pm-7:00pm

Active Y\* (5-12 yrs)

7:00pm to 7:50pm

Family Swim

(register by phone: 902-562-9622 option #1)





## FRIDAY

9:00am-11:00am

Childminding\* (6 mths-5 yrs)

6:15pm-7:15pm

Family Swim (register by phone: 902-562-9622 option #1)

6:30pm-8:30pm

Parents Night Out Pizza and Movie Night\* (5-12 yrs) \$5/PER CHILD

## SATURDAY

10:30am-11:30am

Active Playtime (0-5 yrs)

11:30am-12:30pm

Active Playtime (5-12 yrs)

3:15pm -4:15 pm

Family Swim (register by phone: 902-562-9622 option #1)

## SUNDAY

12:00pm -2:15 pm

Family Swim (register by phone: 902-562-9622 option #1)

12:00pm-12:45pm

Ballet and Movement\*\*\* (Group 1)

1:00pm-1:45pm

Ballet and Movement \*\*\* (Group 2)

*\*ONLINE REGISTRATION REQUIRED via <https://ymcaofcapebreton.punchpass.com> up to 24 hours in advance*

*\*\*\* REGISTERED PROGRAM*

