



**Register up to
three days in
advance!**

March Break Fun at the Y

MONDAY - March 13th

12:05-1:00pm – Youth Open Gym
1:05 pm -2:00 pm Family Swim
3:30pm-6:10pm- Youth Open Gym
5:15pm-7:30pm Childminding* (6 mths-5 yrs)
5:30pm- 6:45pm Family Open Swim

TUESDAY – March 14th

10:00 – 10:45 Family Play Pals (Pool)
10:30- 11:30 Family Play Pals with Bounce House (GYM)
3:30pm-7:30pm -Youth and Open Gym
4:00 pm – 5:30pm Family Open Swim
5:00pm-7:00pm Creative Y* (5-12 yrs)
5:15pm-7:30pm Childminding*(6 mths-5 yrs)
6:00pm- 7:45pm Family Open Swim

WEDNESDAY - March 15th

11:00am – 1:00pm - Youth Open Gym
1:05 pm -2:00 pm Family Swim
3:30pm- Close – Youth and Open Gym
5:00pm-6:15pm Mini Chefs* (5-12 yrs)
5:15pm-7:30pm Childminding* (6 mths-5 yrs)
5:30pm- 6:45pm Family Open Swim
6:30pm-7:45pm Mini Chefs* (5-12 yrs)

THURSDAY – March 16th

10:00 am– 10:45 Family Play Pals (Pool)
10:30- 11:30 Family Play Pals with Bounce House (GYM)
3:30pm-5pm -Youth Gym
4:00 pm – 6:30pm Family Open Swim
5:15-7:30pm Childminding* (6 mths-5 yrs)
5:00pm-7:00pm Active Y* (5-12 yrs)

FRIDAY – March 17th

1:05 pm -2:00 pm Family Swim
3:30pm – Close – Youth and Open Gym
6:15 pm – 8:15 pm Family Open Swim
6:30pm-8:30pm Parents Night Out Pizza and Movie Night
* (5-12 yrs) \$5/PER CHILD

SATURDAY – March 18th

10:30am-11:30am Active Playtime (0-5 yrs)
11:30am-12:30pm Active Playtime (5-12 yrs)
11:45 am – 12:45 pm Family Open Swim
2:30 pm – 4:15pm – Family Open Swim
3:30pm to Close – Youth Open Gym

SUNDAY - March 19TH

12:00pm -2:15 pm Family Swim
1:00pm – 2:30pm Youth Open Gym

***Online Registration (up to three days in advanced) required for the following:**

- Mini Chefs - Creative Y- Active Y- PlayPals- Childminding- Movie Night

***Family Swim - book your families spot by call**

- 902/562-9622 option #1 up to three days in advance of the Swim Time!



Sydney: 902-562-9622
Membertou: 902-270-9622
www.capebreton.ymca.ca



Youth and Family day passes available for non-members!

Age Requirements for Children's Programs and Facility. Children under the age of 5 require an adult to be with them at all times with the exception of Playtime Services. Members under the age of 12 years must be signed in and out of programs by an adult 18 years and over. Members 12 years and older can use the facilities without the company of an adult for age appropriate activities. Successful completion of the "Y Thrive Grow" training permits 12 to 14 years access to the Wellness center.

Anyone 12 years of age and younger is not permitted in the Wellness Center