

Summer Schedule 2023

Children & Youth/Family Programs

Effective July 5th - September 3rd



Monday:

Childminding 9am-11am (childminding room)
*Family Swim - 5:30pm-6:45pm

Tuesday

Childminding 8:30am-10am (childminding room)
Playpals 10:30am-11:30am (gym)
Creative Y 5:45pm-6:45pm (summer camp space)

Wednesday

Childminding 9am-11am (childminding room)
*Family Swim - 5:30pm-6:45pm
Mini chefs 6pm-7pm (summer camp space)

Thursday

Childminding 8:30am-10am (childminding room)
Playpals 10:30am-11:30am (gym)
Active Y 5:00pm-7pm (outdoors weather permitting)
*Family Swim - 6:30pm -7:30pm

Friday

Childminding 9am-11am (childminding room)
Pizza and Movie night 6:30pm-8:30pm
(childminding room)

Saturday & Sunday

Family Swim 12pm-2:00pm

Online Registration: ymcaofcapebreton.punchpass.com

***Family Swim:** Call 902-562-9622 to book your families spot!



Sydney: 902-562-9622 | Membertou: 902-270-9622
www.capebreton.ymca.ca



OPEN YOUTH GYM TIMES:

Monday Tuesday Wednesday Friday: 4:30pm-6:30pm
Monday Wednesday Friday: 11:00am -12:00pm
Saturday: 8:00am - 10:00am & 3:30pm - 4:45pm
Sunday: 12:00pm - 2:00pm

Age Requirements for Children's Programs and Facility. Children under the age of 5 require an adult to be with them at all times with the exception of Childminding. Members under the age of 12 years must be signed in and out of programs by an adult 18years and over. Members 12 years and older can use the facilities without the company of an adult for age appropriate activities. The Wellness Center is for those fifteen years of age and over or those who have successfully completed the YThrive Grow Program.