

FALL 2024 SCHEDULE

September 9th - December 14th

Children & Youth

MONDAY

9:00-11:00am Childminding (6 months to 5yrs)
4:15-7:30pm Childminding (6 months to 5yrs)
5pm-6pm Mini Chefs (5-7yrs)
6:15-7:15pm Kids in the Kitchen (8-12yrs)
7:00-9:00pm Youth Zone (Drop in- Ages 12-18yrs)

TUESDAY

8:30-11:30am Childminding (6 months to 5yrs)
10-10:45am- PlayPals (Pool) 5yrs and under
10:30-11:30 PlayPals(Gym) 5yrs and under
4:15-7:30pm Childminding
5:00-7:00pm Creative Y
5:30-9:00pm Youth Zone (Drop in- Ages 12-18yrs)

WEDNESDAY

9:00-11:00am Childminding (6 months to 5yrs)
4:00-5:30pm -SafeSisters (female-identifying youth in grades 7 and 8.*Start Date TBD
4:00-4:45pm Learn to play Squash (Ages 7-10yrs) *Start date Sept 18
4:45-5:30pm Learn to play Squash (Ages 10+yrs) *Start date Sept 18
4:15-7:30pm Childminding (6 months to 5yrs)
5:00-5:45pm Hip-Hop (Ages 5-12yrs) Membertou Studio
6:00-6:45pm Hip-Hop (Ages 5-12yrs) Membertou Studio

THURSDAY

8:30-11:30am Childminding (6 months to 5yrs)
10-10:45am- PlayPals (Pool) 5yrs and under
10:30-11:30 PlayPals(Gym) 5yrs and under
4:15-7:30pm Childminding (6 months to 5yrs)
5:00-7:00pm Active Y (Ages 5-12yrs)
5:00-9:00pm Youth Zone (Drop in- Ages 12-18yrs)

FRIDAY

8:45-11:00am Childminding (6 months to 5yrs)
5:00-7:00pm Youth Zone (Drop In-Ages 12-18yrs)
6:00-8:45pm Pizza & Movie Night

SATURDAY

8:30-11:30am Childminding (6 months to 5yrs)
10:30-11:30am Active Playtime (0-5 Years)
11:30-12:30am Active Playtime (6-12 Years)
12:00-3:00pm Youth Zone (Drop In- Ages 12-18yrs)
1:00-3:00pm Bounce House Birthday Party

SUNDAY

12:15-1:00pm Jazz (Ages 5-12yrs)
1:15-2:00pm Jazz (Ages 5-12yrs)

Registration Required

Please visit our
website to sign up
capebreton.ymca.ca



Program Start Dates

Fall Children and Youth Programs begin the week of September 9th
Children and Adult Swim Lessons begin the week of September 16, check out our Full Aquatics Schedule!

Family swim times are available as well.

Learn more on our website capebreton.ymca.ca

Children and Youth Registration programs dates

Jazz:

1st session (6-weeks) will be held on Sept 22-Oct 27. Registration date will be Sept 8th

2nd session (6-weeks) will be held on Nov 3 - Dec 8. Registration date will be Oct 20th

Hip Hop:

1st Session (6-weeks) will be held Sept 18- Oct 23. Registration date will be Sept 4th

2nd session (6-weeks) will be held Oct 30-Dec 4. Registration date will be Oct 16th

NHL Street:

Younger group session will be held from Oct 15-Dec 3. Older group dates will be held from Oct 18-Dec 6.

Registration for both sessions will be open Sept 17 and close Sept 24.

Babysitting course

2-Day Course

Sept 14: 9:00am-3:00pm &

Sept 15: 9:00am-2:00pm

Registration dates: Sept 2 to Sept 11

2-Day Course

Nov 2, 2024: 9:00am-3:00pm &

Nov 3, 2024: 9:00am-2:00pm

Registration date: Oct 21 to Oct 30

Course fee: \$60

Home Alone course

October 5: 9:00am-12:00pm

Registration date: opens Sept 23 and closes Oct 2

Dec 7, 2024: 9:00am-12:00pm

Registration date: opens Nov 25 and closes Dec 4

Course fee: \$40

NHL STREET

NHL Street is designed to provide kids and their families the best of what youth sports can be: having fun, staying active, making friends, and creating great memories. That's why the NHL and the YMCA are inviting you to join

our street hockey league where kids of all skill levels can learn and play. When you join NHL STREET™, you can expect a fast-paced game that teaches teamwork,

creativity, and resilience. Created with parents in mind, we're ensuring the pressure, schedules, and costs typically

associated with hockey (and other youth sports) are kept in check. No ice. Limited rules. Unlimited fun.

Discover hockey more accessible and affordable than ever before.

(Fee based program: \$40)



Sign up for classes here:

Learn more about the programs
at capebreton.ymca.ca

