



August 24 - September 6

Aquatics

Sunday, August 24th

8:30am - 9:30am Lane Swim
9:45am - 10:30am Aqua Fitness
11:00am - 12:00pm Adult Leisure Swim
12:15pm - 1:45pm Family Swim
3:00pm - 4:00pm Family Open swim
4:15pm - 5:15pm Family Open Swim
5:30pm - 6:30pm Lane Swim

Monday, August 25th

6:15am - 7:15 am Lane Swim
7:30am - 8:30am Aqua Fitness Classes
8:30am - 9:30am Open Swim
10:00am - 10:45am Adult Leisure Swim/ 2 Lanes
10:50am - 11:45am Aqua Recovery
12:00pm - 1:00pm Lane Swim with Joanie
1:05pm - 2:00pm Lane Swim
5:45pm - 6:45pm Family Swim
7:00pm - 7:55pm Aqua Fit
8:15pm - 9:15pm Lane Swim

Tuesday, August 26th

6:45am - 7:45am Lane Swim
8:00am - 8:45am Open Swim
8:45am - 9:45am Aqua Fitness
10:00am - 10:45am Play Pals Pool Time (5 years and under)
10:50am - 11:50am Gentle Aqua Fitness with Debbie
12:00pm - 1:00pm Lane Swim
1:10pm - 2:00pm Lane Swim
6:00 pm - 7:30pm Family Swim
7:45pm - 8:45pm Lane Swim

Wednesday, August 27th

6:15am - 7:15 am Lane Swim
7:30am - 8:30am Aqua Fitness
8:30am - 9:30am Open Swim
10:00am - 10:45am Adult Leisure Swim/ 2 Lanes
10:50am - 11:45am Aqua Recovery
12:00pm - 1:00pm Lane Swim
12:00pm - 1:00pm Lane Swim with Joanie
1:05pm - 2:00pm Lane Swim
5:45pm - 6 :45pm Family Swim
7:00pm - 7:55pm Aqua Fit
8:15pm - 9:15pm Lane Swim

Registration Required

Please visit our
website to sign up



Thursday, August 28th

6:45am - 7:45am Lane Swim
8:00am - 8:55am Open Swim
9:00am - 9:55am Aqua Fitness
10:00am - 10:45am Play Pals
Pool Time (5 years and under)
11:00am - 12:00pm Lane Swim
12:00pm - 1:00pm Lane Swim
1:10pm - 2:00pm Lane Swim
6:00pm - 7:30pm Family Swim
7:45pm - 8:45pm Lane Swim

Friday, August 29th

6:15am - 7:15 am Lane Swim
7:30am - 8:30am Aqua Fitness
8:30am - 9:30am Open Swim
10:00am - 10:45am Adult Leisure Swim/ 2 Lanes
10:50am - 11:45am Aqua Recovery
12:00pm - 1:00pm Lane Swim with Joanie
1:05pm - 2:00pm Lane Swim
6:15pm - 7:15pm Family Swim

Saturday, August 30th

8:15am - 9:15am Lane Swim
9:30am - 10:30am Adult Leisure
11:00am - 1:00pm Family Open Swim
3:15pm - 4:15pm Family Open Swim
4:30pm - 5:30pm Family Open Swim

Sunday, August 31st

8:30am - 9:30am Lane Swim
9:45am - 10:30am Aqua Fitness
11:00am - 12:00pm Adult Leisure Swim
12:15pm - 1:45pm Family Swim
3:00pm - 4:00pm Family Open swim
4:15pm - 5:15pm Family Open Swim
5:30pm - 6:30pm Lane Swim

Monday, September 1st Holiday

8:15am - 9:15am Lane Swim
9:30am - 10:30am Open Swim/2 Lanes
10:45am - 11:45am Adult Leisure Swim
12:00pm - 1:00pm Lane Swim
1:30pm - 3:00pm Family Swim
5:30pm - 6:45pm Family Swim
7:00pm - 7:45 pm Aqua Fitness

Tuesday, September 2nd

6:45am - 7:45am Lane Swim
8:00am - 8:45am Open Swim
8:45am - 9:45am Aqua Fitness
10:00am - 10:45am Play Pals
Pool Time (5 years and under)
10:50am - 11:50am Gentle Aqua Fitness with Debbie
12:00pm - 1:00pm Lane Swim
1:10pm - 2:00pm Lane Swim
6:00pm - 7:30pm Family Swim
7:45pm - 8:45pm Lane Swim

Wednesday, September 3rd

6:15am - 7:15 am Lane Swim
7:30am - 8:30am Aqua Fitness
8:30am - 9:30am Open Swim
10:00am - 10:45am Adult Leisure Swim/ 2 Lanes
10:50am - 11:45am Aqua Recovery
12:00pm - 1:00pm Lane Swim
12:00pm - 1:00pm Lane Swim with Joanie
1:05pm - 2:00pm Lane Swim
5:45pm - 6 :45pm Family Swim
7:00pm - 7:55pm Aqua Fit
8:15pm - 9:15pm Lane Swim

Thursday, September 4th

6:45am - 7:45am Lane Swim
8:00am - 8:55am Open Swim
9:00am - 9:55am Aqua Fitness
10:00am - 10:45am Play Pals
Pool Time (5 years and under)

11:00am - 12:00pm Lane Swim
12:00pm - 1:00pm Lane Swim
1:10pm - 2:00pm Lane Swim
6:00 pm - 7:30pm Family Swim
7:45pm - 8:45pm Lane Swim

Friday, September 5th

6:15am - 7:15 am Lane Swim
7:30am - 8:30am Aqua Fitness
8:30am - 9:30am Open Swim
10:00am - 10:45am Adult Leisure Swim/ 2 Lanes
10:50am - 11:45am Aqua Recovery
12:00pm - 1:00pm Lane Swim
12:00pm - 1:00pm Lane Swim with Joanie
1:05pm - 2:00pm Lane Swim
6:15pm - 7:15pm Family Open Swim

Saturday, September 6th

8:15am - 9:15am Lane Swim
9:30am - 10:30am Adult Leisure
11:00am - 1:00pm Family Open Swim
3:15pm - 4:15pm Family Open Swim
4:30pm - 5:30pm Family Open Swim