



Winter 2026
Effective January 11, 2026

Aquatics

Monday

6:15am - 7:15 am: Lane Swim
7:30am - 8:30am: Aqua Fitness Classes
8:30am - 9:30am: Open Swim/ 2 Lanes
10:00am - 10:45am: Adult Leisure Swim/ 2 Lanes
10:50am - 11:50am: Aqua Recovery
12:00pm - 1:00pm: Lane Swim
1:05pm - 2:00pm: Lane Swim/ Swim with Joanie
1:05pm - 2:00pm: Lane Swim
4:00pm – 7:00pm Learn to Swim
(Registered Program) Start date Jan 5th
7:00pm – 8:00 pm Aqua Fit
8:15pm - 9:15pm: Lane Swim

Tuesday

6:30am – 7:30am: Dorados/2 Lanes
7:45am - 8:45am: Open Swim/2 Lanes
8:45am - 9:45am: Aqua Fitness
10:00am - 10:45am: Play Pals Pool Time
(5 years and under)
10:50am - 11:50am: Deep Water Aqua Fitness with Debbie
12:00pm - 1:00pm: Lane Swim
1:15pm - 2:05pm: Aqua Therapy
4:00pm – 6:50pm: Learn to Swim
(Registered Program/Private Lessons)
6:50pm – 7:50pm: Special Olympics
8:00pm - 9:00pm: Lane Swim

Wednesday

6:15am - 7:15 am: Lane Swim
7:30am - 8:30am: Aqua Fitness Classes
8:30am - 9:30am: Open Swim/ 2 Lanes
10:00am - 10:45am: Adult Leisure Swim/ 2 Lanes
10:50am - 11:50am: Aqua Recovery
12:00pm - 1:00pm Lane Swim
1:05pm - 2:00pm: Lane Swim
4:00pm – 7:00pm Learn to Swim
(Registered Program)
7:00pm – 8:00 pm Aqua Fit
8:15pm - 9:15pm Lane Swim

Registration Required

Please visit our
website to sign up



Thursday

6:30am – 7:30am: Dorados/2 Lanes
7:45am - 8:45am: Open Swim/2 Lanes
8:45am - 9:45am: Aqua Fitness
10:00am - 10:45am: Play Pals Pool Time
(5 years and under)
11:00am - 12:00pm: Lane Swim
12:05pm - 1:00pm: Lane Swim
1:15pm - 2:05pm: Aqua Therapy
(Registered Program)
4:00pm - 7:00pm: Learn to Swim
(Registered Program and Private Lessons)
7:00pm - 8:00pm: Family Swim
8:15pm - 9:15pm: Lane Swim

Friday

6:15am - 7:15am: Lane Swim
7:30am - 8:30am: Aqua Fitness
8:30am - 9:30am: Open Swim
10:00am - 10:45am: Adult Leisure Swim/ 2 Lanes
10:50am - 11:50am: Aqua Recovery
12:00pm - 1:00pm: Lane Swim
1:05pm - 2:00pm: Lane Swim with Joanie
1:05pm - 2:00pm: Lane Swim
6:15pm - 7:15pm: Family Open Swim
7:20pm - 8:15pm: Junior Lifeguards
(Registered Program)
8:15pm - 9:00pm: Lifesaving Sport
(Registered Program)

Saturday

8:15am- 9:15am Lane Swim
9:30am – 2:00pm: Learn to Swim
(Registered Program and Private Lessons)
2:10pm – 2:50pm: Awesome Swim
(Autism Ability Swim, Registered Program)
3:00pm – 4:00pm: Family Open Swim
4:15pm – 5:15pm Family Open Swim

Sunday

8:15am - 9:15am: Lane Swim
9:30am - 10:30am: Aqua Fitness
10:45am - 12:35pm Swim Lessons
12:45pm - 1:30pm Adult Learn to Swim
1:45pm - 2:45pm Birthday Party Rental
3:00pm - 4:00pm Family Open swim
4:15pm – 5:15 pm Family Open Swim
5:30pm - 6:30pm Aqua Fitness "New"
6:45pm - 7:45pm Lane Swim

