

2025/2026

Annual Report





Jill Perry
Chair, Board of Directors
YMCA of Cape Breton



Sabrina Vatcher
Chief Executive Officer
YMCA of Cape Breton

Our Vision:

Thriving communities where everyone can shine and feel they belong.

Our Mission:

Connect and ignite the potential in people, helping them grow and give back to our communities.

Our Values:

Honesty. Responsibility. Inclusiveness. Caring. Respect.

Message from CEO and Board Chair

As we reflect on the past year through our 2025-2026 Annual Report, we are filled with deep gratitude for the collective impact we've achieved together. Our community of supporters, partners, staff, volunteers and donors continues to demonstrate what is possible when purpose and passion align in Unama'ki-Cape Breton.

Guided by our mission and fueled by the dedication of our team, we have continued to transform lives and build stronger communities. From expanding our Early Learning Centres and After School programs, to bringing our employment programs to more rural communities, to reviving cherished events, and welcoming thousands of people into our health and fitness facilities, each milestone reflects the power of connection and our shared commitment to igniting the potential in people.

This year was not without its challenges. Financial pressures and evolving community needs required difficult decisions, as well as the agility and discipline to adapt. Yet even in these moments, our resolve did not waver. We found new ways to innovate, to collaborate with our community, and to make the most of every opportunity. These experiences have strengthened our organization, and we move forward with greater clarity, resilience, and determination.

This year holds special meaning as 2026 marks the 140th anniversary of our YMCA in Cape Breton. This milestone is an opportunity to celebrate a legacy of care, connection, and community impact that spans generations—and to look ahead with renewed purpose as we continue that work into the future.

As we mark the conclusion of our 2023–2026 strategic plan, we are proud of the progress we have made, and the impact reflected in the stories throughout this report. We are deeply grateful to the individuals and families we have the privilege to serve—your trust inspires us every day and reminds us why this work matters.

Together we look to the future with hope, inspired by what we have accomplished and energized by what is still possible.

Sincerely,

Sabrina Vatcher
Jill Perry

YMCA in YOUR Community

- Fitness Facility
- Housing Support
- ▼ Early Learning Centre
- Employment Services
- ▲ After-School Program
- Special Projects
EDGE, YESS and Opportunities Fund

Chéticamp

Inverness

Mabou

Port Hood

Judique

Troy

Port Hawkesbury

St. Peter's

Louisdale

Evanston

Isle Madame

Monastery

Mulgrave

Guysborough

Whycocomagh

Eskasoni

Potlotek

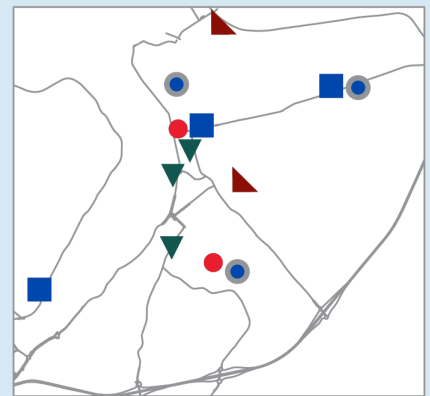
North
Sydney

New Waterford

Glace Bay

Sydney

Membertou



2025-2026 At a Glance

4,445

Health, fitness and aquatics members as of March 31, 2026, at our Frank Rudderham Family and Membertou locations.



276

Children in our after-school programs across the Island.



1,498

Children and youth made new connections by participating in 17 programs such as Junior Chefs, Playpals Gym and Pool, STEM, Learn to Play Squash, Hip Hop, Active Y, Mini Musicians and Tumblebugs.



1,298

Members supported by our financial assistance program which removes barriers to access health and fitness memberships.



5,480

Total volunteer hours contributed by our board of directors, group fitness instructors and event volunteers so our community can have essential services for all.



4

Membertou youth participated in our first YESS (Youth Essential Skills Strategy) program delivered in Membertou.



76

Participants from our Employment Programs (EDGE, Opportunities Fund, and Youth Employment Skills Strategy) found meaningful employment.



COMMUNITY IMPACT



95%

Parent satisfaction score in our 2026 survey of YMCA Early Learning Centres.



4,180

Total unique visits to our Membertou YMCA branch, 1,486 of which were unique members.



4

Early Learning Centres across Unama'ki-Cape Breton and Guysborough.



510

Donors who were inspired by our community and our work.



6,136

Total visits to our Nova Scotia Works employment offices across Unama'ki-Cape Breton.



59

Individuals housed in Port Hawkesbury and area thanks to our Housing Support Workers - Chloe and Lesa.



3

Peace Week medals awarded to members of our community: Blair Kasouf from Sydney Mines, Margaret Jeffries from Glace Bay and Edith Fraser from Port Hawkesbury.

Thank you to our Donors and Volunteers!

90

Total number of volunteers dedicated to supporting our philanthropic events.

540

Total number of hours volunteered during fund-raising initiatives.

Accessible Community Spaces

Investing in **ramps and automatic door openers at our Membertou YMCA** was far more than a facility upgrade—it was a meaningful investment in accessibility, inclusion, dignity, and community belonging.

Thanks to funding from the Province of Nova Scotia's Community ACCESS-Ability Program, along with generous support from the Membertou Band Council and our YMCA, our Membertou Y now features a fully accessible exterior entrance ramp and automatic door openers on all primary access doors and washrooms.

These improvements have removed barriers that once prevented some individuals from accessing our facility with ease and independence. By creating a more welcoming and accessible environment, we are ensuring that people of all ages and abilities can participate fully in YMCA programs, services, and community life.

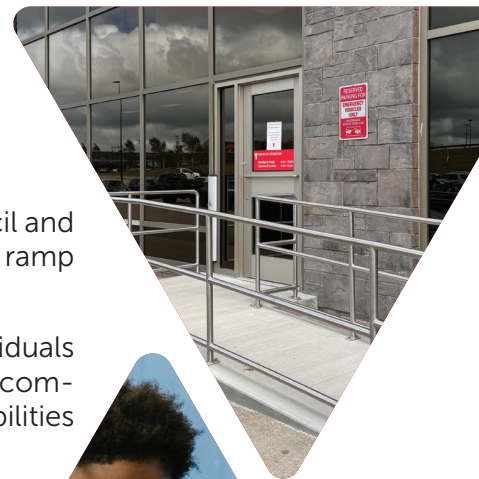
Y Mind Teen: Building Confidence and Connection

Thanks to a \$10,000 donation from Bell Let's Talk, our YMCA delivered the Y Mind Teen program at New Dawn's Anchored Youth Space in Sydney this past year. Y Mind Teen is as a free program for young adults (ages 13-18) who experience stress, worries, and mild-moderate anxiety. Led by our trained YMCA mental health facilitators, this program also provided youth the chance to connect with peers while learning how to better manage stress, anxiety and build confidence.

Three Cheers to the RBC Foundation

Thanks to the generous support of the RBC Foundation, our YMCA of Cape Breton received **\$25,000 in funding to support our EDGE program**. This is the RBC Foundation's third consecutive year of investing in EDGE, to help youth build confidence, develop workplace skills, and move toward sustainable employment and greater independence. RBC Foundation's support is helping create a more inclusive and resilient community where individuals can realize their full potential.

From left to right: Dave Mitten, Rachel McKinnon, Leslie Otter, Jackson Tighe (Relationship Manager at RBC and YMCA of Cape Breton Board of Directors volunteer), Sabrina Vatcher (CEO, YMCA of Cape Breton), Kevin Gallivan, Amrinder Singh, Jeff MacNeil (Director of Philanthropy and Marketing, YMCA of Cape Breton)





Giving the Gift of Camp

At our YMCA, we believe everyone deserves the chance to experience camp. Your generosity removed financial barriers for more local children and youth.

\$31,130

raised from generous donors to support our summer camp financial assistance program.

83

children who experienced the friendship, confidence, and sense of belonging that camp provides.

Giving Tuesday

Giving Tuesday is the world's largest generosity movement. **This year, on December 2nd, we wanted to make it special and organized celebration breakfasts across all of our sites and invited the community to our Frank Rudderham Family YMCA Community Room.** Your generosity is making a lasting difference. Thanks to everyone who attended and donated, our YMCA can offer more life-changing programs for local families, help young people grow into confident and capable leaders, and ensure that every member feels connected, supported, and a true sense of belonging.



Anita Vosman-O'Rourke, YMCA Director of Member Relations and Erin Gallagher, Campaign Manager at the Unite Way Cape Breton



YMCA Membertou Warriors team at the 2026 Spring Into Motion Fundraiser

Welcome Back Spring Into Motion!

As part of our 140th anniversary celebration, we brought Spring Into Motion back raising \$28,000!

Through a combination of fitness challenges, group activities, and community engagement, 20 teams and participants of all ages and abilities were inspired to move more and support the Y's mission. The energy and enthusiasm seen throughout the campaign reflected the strong sense of belonging that defines our YMCA.

*Shout out to our top fundraising team, the **Pool Pals**, who raised **\$4,453.50** for our YMCA - and had the most creative t-shirts!*



YMCA working in the Community

NADACA Swim Program

Native Alcohol and Drug Abuse Counselling Association (NADACA) has been partnering with our YMCA for the past 30 years to provide a weekly Learn to Swim program.

Through their support, **children and youth are able to attend swimming lessons and are also provided opportunities to continue their aquatic journey by pursuing certifications and training in lifeguarding and swim instruction.**

Several participants have gone on to become YMCA staff members while remaining connected to the NADACA program.



"NADACA is proud of our longstanding relationship with YMCA and the positive impact it has on the lives of young people in the community. Watching participants develop leadership skills, achieve certifications, and accomplish their goals is incredibly rewarding. Together, we continue to create opportunities that empower youth in our community" - Wekatesk Augustine, Supervisor for Education/Accreditation/Virtual Aboriginal Wellness Program.

Siawi Attinkna'si

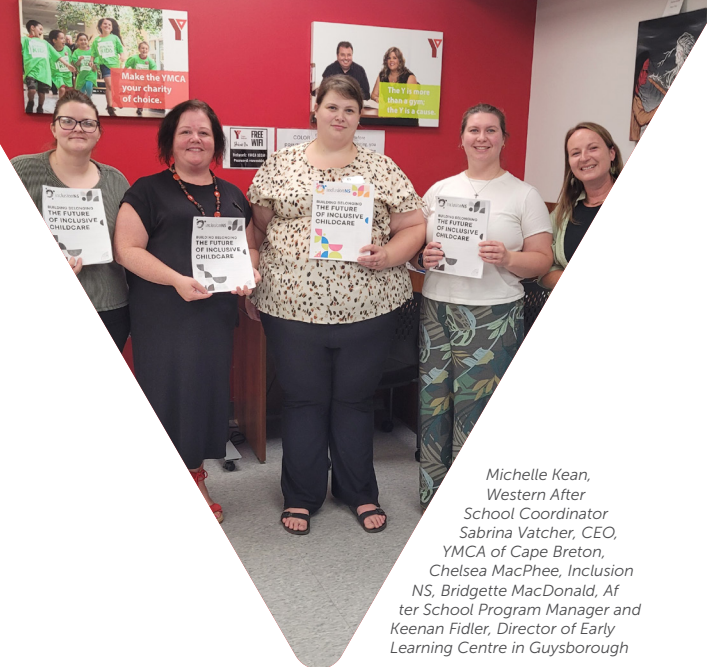
Siawi Attinkna'si is Mi'kmaq for Let Your Potential Shine On.

In 2025, we refreshed all of our signage at our Membertou YMCA in both Mi'kmaq and English languages. Providing wayfinding signage in both Mi'kmaq and English did more than help people navigate our space—it demonstrated respect, inclusion, and recognition of Mi'kmaq culture and history. **Our goal was also to educate members and visitors about the traditional language of Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq people.**



Inclusive Childcare is a Priority

In August 2025, our YMCA Port Hawkesbury site proudly hosted Inclusion Nova Scotia as they unveiled their "Future of Inclusive Childcare" survey report to community partners. This important event reflected our shared commitment to ensuring every child has equitable access to high-quality, inclusive childcare. At the YMCA, we believe every child deserves the opportunity to learn, build meaningful connections, and reach their full potential in a welcoming and supportive environment.



Michelle Kean, Western After School Coordinator
Sabrina Vatcher, CEO, YMCA of Cape Breton,
Chelsea MacPhee, Inclusion NS, Bridgette MacDonald, After School Program Manager and
Keenan Fidler, Director of Early Learning Centre in Guysborough

Housing Support Workers - Chloe Fox-Chetwynd and Lesa McHugh



Celebrating National Housing Day

Since April 2024, our two YMCA Housing Support Workers, Chloe and Lesa, have been supporting individuals who are precariously housed and unhoused in Port Hawkesbury and surrounding communities.

On November 22nd we celebrated National Housing Day, an opportunity to reflect on progress, acknowledge the challenges, and reaffirm our shared responsibility to ensure that everyone has a safe and stable place to call home.

Empowering people with disabilities through our Opportunities Fund

After multiple surgeries, which left Kevin MacKinnon with ongoing mobility issues, he required a walker. His travel was limited and so was suitable employment. The uncertainty of not having a fair chance and a supportive employer worsened Kevin's mental state. Kevin connected with Dana Pettipas and Laureen MacDonald at our YMCA Nova Scotia Works and was able to **access the Opportunities Fund and get a job at the Strait Area Museum Society.**

"Since receiving support from the YMCA, my life has completely turned around. One of the biggest changes for me, has been the ability to contribute to my family and my community again. I wouldn't be where I am today without our Y."



Kevin MacKinnon, Opportunities Fund participant

Strategic Plan 2023-2026

Moments That Matter

Over the course of implementing our 2023-2026 strategic plan, our YMCA has strengthened our ability to adapt, collaborate, and respond to evolving community needs. Our meaningful impact has been driven by the strength and integration of our **three interconnected plan pillars: Connect, Thrive, and People**. Please read through the following pages to learn more about our impact in these three pillars over this last, and final year, of our strategic plan.

2023-2024: Building Connections and Expanding Access

Guided by our vision of thriving communities where everyone belongs, the **YMCA focused on strengthening partnerships across Unama'ki-Cape Breton and mainland Nova Scotia while expanding inclusive and accessible programs and services.**

As a trusted community anchor, we opened a new childcare

centre in Guysborough, served more than 4,670 members through health and wellness programs, and provided financial assistance to 1,271 individuals. We also expanded employment services with new Nova Scotia Works offices in Sydney and Port Hawkesbury.

Fundraising efforts grew through

the launch of the Gift of Camp campaign and the inaugural Battle of the Brains event. At the Frank Rudderham Family YMCA, we created a new Community Programming Centre, prepared for a future community kitchen, and completed an energy-efficient lighting retrofit to advance environmental sustainability.

2024-2025: Investing in People and Strengthening Communities

As our strategic plan progressed, **we strengthened the people behind our mission by investing in leadership development, advancing diversity, equity, inclusion and belonging, expanding staff training and benefits, revitalizing volunteer engagement, and building a Board that better reflected our communities.**

We also experienced significant

growth, opening a new childcare centre at the Sydney Waterfront NSCC campus, expanding employment programs into new Unama'ki communities, and enhancing early learning through additional Playing to Learn champions.

To address emerging needs, we expanded into housing, food security, youth supports, and

mental wellness initiatives, including Y Mind programming in local schools. A major milestone was renewing our partnership with Membertou through a new 10-year agreement, reaffirming our shared commitment to community wellbeing and the continued YMCA management of the Membertou Sports and Wellness Centre fitness facility.



2025-2026: Reflecting on Impact and Looking Ahead

The annual report you are reading today reflects the third and final year of our 2023–2026 Strategic Plan. It is a celebration of the impact created by our staff, volunteers, partners, donors, and community members who believe in the power of belonging, connection, and opportunity. Throughout these pages, you will find stories that demonstrate how our YMCA

continues to strengthen communities. This final year was also marked by a significant investment in shaping our future. Over the past year, we engaged staff, volunteers, Board members, partners, and community members in developing our next five-year strategic plan (2026–2031). Our new strategic plan builds on the momentum, lessons, and suc-

cesses of the past three years while responding to the changing realities facing our region. Its development was intentionally collaborative, informed by those we serve and grounded in a deep understanding of community needs.

To learn more about our 2026–2031 Strategic Plan, please visit www.capebreton.ymca.ca

In Summary

The greatest success of this strategic plan has been the reinforcing relationship between our three pillars—**Connect, Thrive, and People**. Strong community connections create organizational strength. Organizational strength enables investment in people. Empowered people deepen community impact. Together, these pillars have created a cycle of growth and resilience that extends far beyond any single program or initiative.

As we look ahead to our next chapter, these lessons position **our YMCA of Cape Breton as more than a service provider**. They affirm our role as an essential community institution—one that helps create the conditions for individuals, families, and communities to flourish for generations to come.

Strategic Priority #1:

CONNECT

Safety, Belonging and Connection

*"For Annaleigh, summer camp has been such a confidence booster. It became a community where she feels like she belongs and matters. **This is her safe place away from home, and as a family we know she is in safe hands when we drop her off.***

I can't say enough good things about the impact that camp has had on her social development! She learned how to swim at our YMCA pool and met so many friends from diverse communities.

What means the most to us as a family is how there is a sense of belonging and connection for her with her Y community and her counselors. They cheer her on and help through the hard days, and we can see how encouraged she is," shared Sarah, Annaleigh's mother.

Growing with Our Community: After-School Program Expansion

As demand for quality after-school care continued to grow, our YMCA expanded programming in September by adding 58 new spaces at Brookland Elementary (Sydney) and Tamarac Education Centre (Port Hawkesbury). This investment increased opportunities for local families to access affordable, supportive care in their communities. Today, our after-school program has grown to 276 spaces across five elementary schools in Unama'ki-Cape Breton, providing children with opportunities to stay active, build healthy habits, develop confidence, and experience a sense of belonging through play, physical literacy, and outdoor exploration.



Lucas, After School Program participant

Celebrating Seniors at our YMCA

In early October, we celebrated Seniors Week by providing free membership guest passes to seniors, a free bingo at our Membertou YMCA, and also gathered the community for a walk in downtown Sydney and a nature walk in Membertou. Our Y is proud to recognize the contributions seniors are making to our communities.

"We ended the week with a bingo at Membertou and everyone loved it! We are planning to bring it back this year," shared Sheldon Googoo, Membertou YMCA branch Manager.

Participant at Seniors' Expo Bingo



Job fair series

The Cape Breton Partnership, in collaboration with Nova Scotia Works offices from our YMCA of Cape Breton Employment Services Centre, Le Conseil de Développement Économique de la Nouvelle-Écosse (CDENE), and Northside Employment & Resource Centre hosted 4 job fairs as part of the Unama'ki – Cape Breton Job Fair Series from April 1 to 14, 2025.

72

Employers showcased employment opportunities in their community.

257

Job seekers connected with potential employers at our events.



Nova Scotia Works team



EDGE team

EDGE Cape Breton is celebrating its 5th anniversary!

What began as a small pilot program with just two staff members has grown into a dynamic initiative focused on breaking the cycle of income assistance dependency among youth aged 18 to 26, while helping them build the skills needed to enter the workforce.

Over the past five years:

- ▼ 205 participants
- ▼ 114 work placements
- ▼ 47 participants achieved independent employment
- ▼ 13 participants continued to post secondary education

YESS in North Sydney

"This year we expanded our YESS program (Youth Employment Skills Strategy) to North Sydney and hosted it at the local Food Bank, creating a welcoming environment in a familiar space for many participants. It is a place they felt comfortable showing up as they were. Some participants were able to advance their education, find employment and stay on with their work placement by their current employer"
- Beth Shea, YESS Program Coordinator in CBRM



YESS participants at North Sydney Foodbank

Strategic Priority #2: THRIVE

Shine On Frank!

Frank Doucette has been a member and a Financial Assistance recipient at our Y for the last 4 years. He is almost 72 and enjoys being active. Even a little bit of exercise in the mornings gives him more energy and a good start to the day. Frank is dedicated to coming to our Y at least 5 days a week and of all the habits he had over the years, he says this one is the best.

Our membership financial assistance program provided over \$160,000 in membership subsidy to 1,298 individuals. Learn more about how you can access our financial assistance program by visiting one of our YMCA locations or on our website.



Frank Doucette and
Veronica Zabelina,
YMCA Front Desk
Manager



"I enjoy the opportunity to meet new people and share a moment. Everyone that looks in my direction will get a good morning or a wave and possibly 5 minutes of listening or telling a story. I may not ask or remember everyones name, but I'm glad they are a part of my existence. As long as I'm physically able - I'm sure exercise will be a habit I'll keep. **Thanks to our YMCA for starting my day.**"

ProtoProud

We are grateful for Protocase's continued commitment to strengthening community well-being. As our largest corporate member, they have approximately 170 employees being active at our YMCA members.

Protocase plays a significant role in supporting the health of our community. Beyond membership, they demonstrate strong community leadership through their ongoing sponsorship and active participation in YMCA events. Their team consistently shows up—engaging in initiatives, supporting fundraising efforts, and contributing to our programs. **Protocase is committed to participating in our community at the local level - thank you from our YMCA!**



From left to right: 2026
Protocase Spring into Motion
"ProtoPeeps" team with the
volunteer team amabassa-
dor, Blair Kasouf and Team
45 Drives.

Safeguarding Children and Young People

As Canada's largest provider of licensed child care, child safeguarding remains a key priority across our YMCA federation. **In 2025/2026, our YMCA of Cape Breton delivered 29 separate one-hour child safeguarding training sessions, reaching 411 participants throughout our community.** Attendees included YMCA employees and volunteers, students from the Nova Scotia Community College, and participants from the EDGE program.

Supported through nationally developed training, these sessions helped strengthen shared responsibility in creating safe and supportive environments for children and youth.



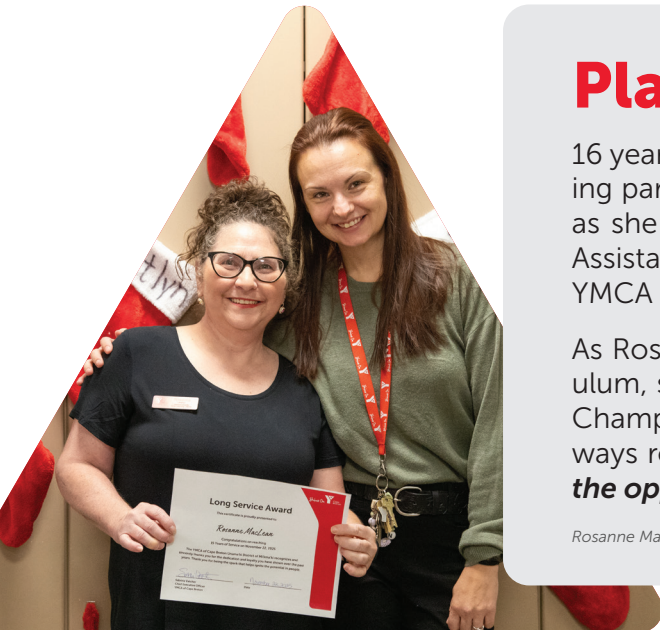
Tanya Wilneff, Director of People & Culture and Child Safeguarding Training Facilitator

Playing to Learn Champion

16 years ago, Rosanne joined our Early Childhood Educators' team. Being part of our YMCA family brought more opportunities for her family as she had a young child at the time. In 2024, she was promoted to Assistant Director which gave her a chance to visit and support other YMCA Early Learning Centres.

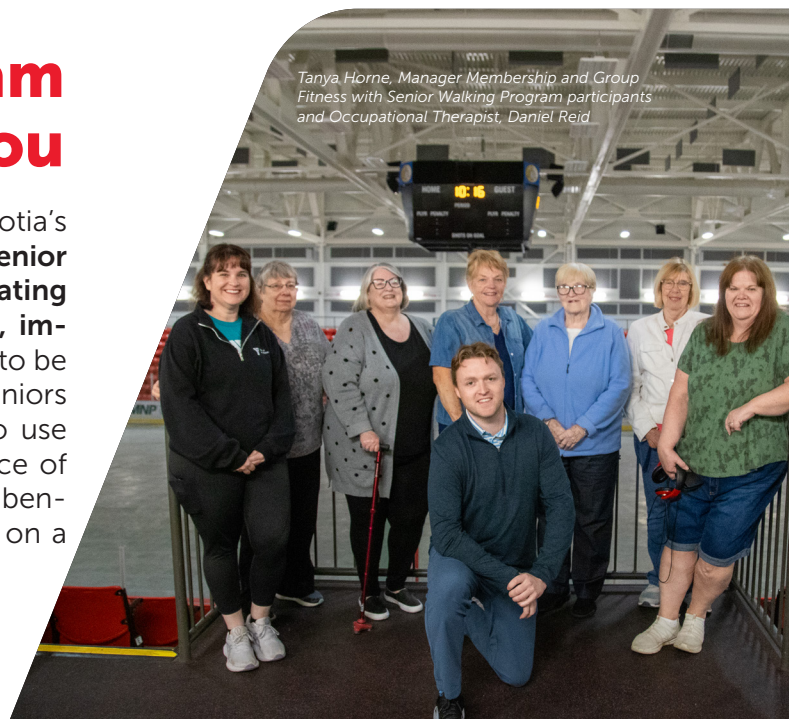
As Rosanne is a believer and advocate of the Playing To Learn Curriculum, she was chosen to participate in the Y Canada Playing To Learn Champion training. She is currently in training and believes there is always room for learning. ***"I am proud to be a part of my YMCA and all the opportunities to Shine On!"***

Rosanne Maclean, Assistant Director of the Early Learning Centre and Nicole MacDonald, Senior Childcare Manager



Senior Walking Program Launched in Membertou

Thanks to support from the Province of Nova Scotia's Age-Friendly Communities Grant, **we launched a Senior Walking Program at our Membertou YMCA, creating new opportunities for older adults to stay active, improve mobility, and connect with others.** Designed to be accessible and inclusive, the program welcomed seniors with a wide range of abilities, including those who use wheelchairs, walkers, and canes. Under the guidance of Occupational Therapist Daniel Reid, 43 participants benefited from a safe, supportive walking environment on a designated indoor track.



Tanya Horne, Manager Membership and Group Fitness with Senior Walking Program participants and Occupational Therapist, Daniel Reid

Strategic Priority #3:

PEOPLE

Leading, Learning & Inspiring Others

When Kiera Newell began her Early Childhood Educator journey in 2025, she was the youngest employee at the Guysborough Early Learning Centre. Starting as a casual employee, her passion, dedication, and strong connection with the children quickly led to a full-time opportunity—an offer she describes as *“the easiest yes.”*

Eager to grow both personally and professionally, Kiera joined the YMCA Youth Advisory Council, where she contributed her voice to youth development initiatives, connected with colleagues from across the association, and gained valuable experiences visiting other YMCA centres throughout Cape Breton. Since joining the YMCA, Kiera has achieved her Level 1 Early Childhood Educator classification and is actively working toward her Level 2 certification while balancing the demands of a full-time role. **Her commitment to continuous learning and professional growth reflects the dedication of the next generation of early childhood educators, helping to build stronger foundations for children, families, and communities.**

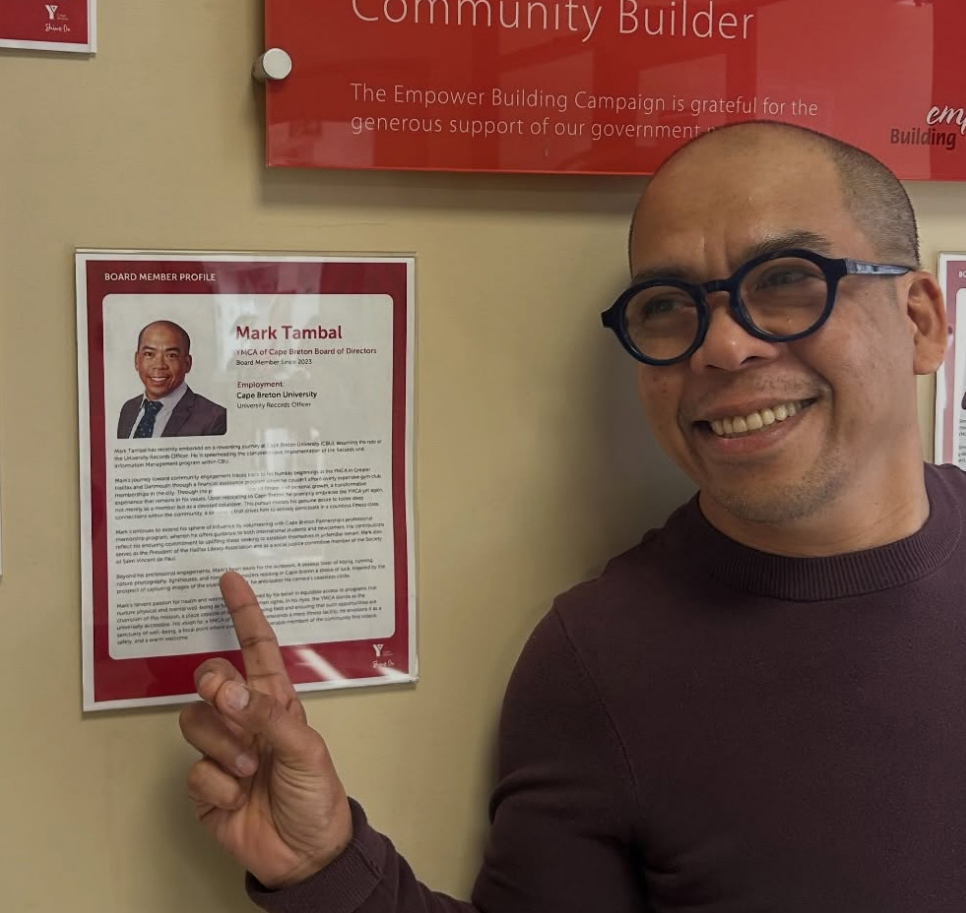
Our People Power Our Impact

As part of our commitment to making the YMCA a great place to work, we continue to gather employee feedback through the annual YMCA WorkWell Employee Engagement Survey.

In 2025, survey participation reached a record 85%, while engagement scores continued to rise year over year. We were also proud to achieve the second-highest Net Promoter Score among YMCAs across Canada and the highest employee recognition score in the country. These results are more than metrics—they represent a workplace where people feel connected to our mission, proud of their contributions, and inspired to make a difference every day. By listening to our employees and acting on their feedback, we are building an even stronger YMCA for our staff, members, participants, and communities.



“Our impact is powered by our people. When our team feels valued, supported, and inspired, they deliver exceptional experiences to our community.” – Sabrina Vatcher, CEO, YMCA of Cape Breton



From Newcomer to Community Champion

Mark joined our Y after moving from Halifax to Sydney in 2023 to feel at home in a new community.

Guided by his passion for health and wellness, and his belief that everyone deserves access to programs that support both body and mind, Mark joined our YMCA of Cape Breton's Board of Directors.

He also got certified as a MOSSA fitness instructor and is teaching Group Power at our Y. **Now, after 2 years of volunteering, he calls his time at our Y as "one of the most surprising and rewarding roles" of his life.**

We are grateful for everything Mark has done for the community!

Empowering the Next Generation of YMCA Leaders

In 2025, our YMCA proudly launched its first-ever Youth Advisory Council (YAC), marking an important step in elevating youth voice and leadership across our organization. Following a call for interest among YMCA staff and volunteers, 12 young people between the ages of 15 and 30 were selected to serve on this inaugural council.



Youth Advisory Council members: Rachita Narang and Matthew Kallachiyil

Throughout the year, council members came together to deepen their understanding of the YMCA's work, connect with colleagues from across the association, and strengthen their leadership and collaboration skills. They also engaged with another youth-led council to share ideas and identify opportunities for collaboration, while providing valuable input on YMCA initiatives and priorities through a youth lens.

The passion, insight, and commitment demonstrated by these young leaders have already made a meaningful impact. We congratulate the members of our inaugural YAC and look forward to continuing to amplify their voices as we build a stronger, more inclusive, and youth-informed YMCA for the future.



Bringing Our Communities Together

Our community events create welcoming spaces where individuals and families can connect, stay active, and feel a sense of belonging.

By providing accessible opportunities for engagement, **our free events play a vital role in strengthening community** ties and supporting those who may not otherwise have access to recreational programs. From our Wellness Expo in Membertou in May, our Children's Expo in June, our Seniors Week in October, to our Holiday Family Day in December - we loved welcoming the community into our spaces.



Board of Directors

Jill Perry (Chair)

Sydney Office of Nova Scotia Legal Aid
Managing Lawyer

Stephanie Sawler (Vice Chair)

Marine Atlantic Inc.
Human Resource Generalist

Christine MacDonald (Treasurer)

Dr. Paul MacDonald Limited
Medical Practice Manager

Kelsey Harvey

Cape Breton University
Faculty

Jackson Tighe

Royal Bank of Canada
Business Account Manager

Mark Tambal

Cape Breton University
University Records Officer

Simran Virdi

Mars Canada Inc.
Supply Chain Analyst

Staci Neville

NSCC Sydney Waterfront Campus
Manager, Administrative Services

Dodie Hanna

Nova Scotia International Student Program
Homestay Coordinator

Claudia Bowers

Cape 2 Cape Solutions
Owner

Maya Giorbelidze

Cape Breton University
Assistant Professor of Community Economic Development

Peter Oyedijo

Special Advisor at the Government of Nova Scotia

Kevin MacEachern (Past Chair)

Acadia Broadcasting
NS Regional Sales Manager

Senior Leadership Team

Sabrina Vatcher

Chief Executive Officer

Cindy Chiasson

Chief Financial Officer

Anita Vosman-O'Rourke

Director of Member Relations, and Health Fitness & Aquatics

Jeff MacNeil

Director of Philanthropy and Marketing

Nicole MacDonald

Senior Manager, Childcare

Heather Somerton

Executive Director, Employment Services

Tanya Wilneff

Director of People and Culture

2025/2026 Financial Statements

YMCA of Cape Breton

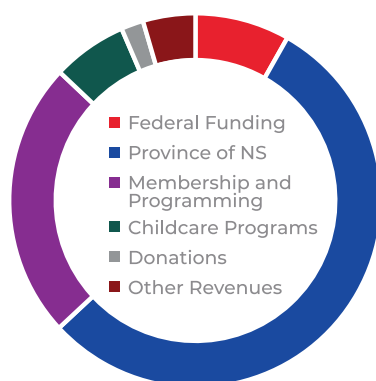
Statement of Financial Position

YEAR ENDED MARCH 31ST, 2026 (AUDITED)	2026	2025
ASSETS		
Current Assets	\$ 3,606,745	\$ 4,264,713
Capital and Other Assets	\$ 10,520,223	\$ 10,563,663
	\$ 14,126,968	\$ 14,828,376
LIABILITIES		
Current Liabilities	\$ 3,550,523	\$ 3,183,930
Long Term Debt	\$ 603,832	\$ 1,026,346
Deferred Contributions	\$ 8,090,642	\$ 8,401,641
	\$ 12,244,997	\$ 12,611,917
EQUITY		
Investment in Capital Assets	\$ 1,274,797	\$ 1,100,633
Unrestricted	\$ 607,174	\$ 1,115,826
	\$ 1,881,971	\$ 2,216,459
	\$ 14,126,968	\$ 14,828,376

Statement of Operations

YEAR ENDED MARCH 31ST, 2026 (AUDITED)	2026	2025
Total Revenue	\$ 13,175,338	\$ 10,763,307
Total Expenses	\$ 13,411,460	\$ 10,738,000
Excess Of Revenue Over Expenses Before Amortization/ Depreciation	-\$ 236,122	\$ 25,307
Amortization Of Deferred Contributions Related To Capital Assets	\$ 367,338	\$ 389,466
Amortization Of Capital Assets	-\$ 465,704	-\$ 487,735
Excess Of Revenue Over Expenses	-\$ 334,488	-\$ 72,962

Revenue Breakdown



Revenue	2026	2025
Federal Funding	\$ 808,563	\$ 526,077
Province of NS	\$ 7,803,043	\$ 6,122,140
Membership and Programming	\$ 2,669,455	\$ 2,586,329
Childcare Programs	\$ 1,326,627	\$ 914,674
Donations	\$ 133,070	\$ 101,296
Other Revenues	\$ 434,580	\$ 512,791
Total Revenue	\$ 13,175,338	\$ 10,763,307

A SPECIAL THANK YOU to our Finance and Admin staff team who go above and beyond to support the work of all divisions and enable all of us to Shine On!

How you can get involved?

Donate, volunteer, become a member or join our team!

Our YMCA is more than a gym—we're a community dedicated to making a difference! There are many ways to get involved: become a member and enjoy fitness, programs, and a welcoming space; volunteer your time to support local initiatives; explore career opportunities and make an impact every day; or donate to help us provide essential programs for those in need. **No matter how you get involved, you'll be part of something bigger—helping to build a healthier, stronger community.**



YMCAs in Your Community

MEMBERSHIP WELLNESS CENTRES:

Sydney: 399 Charlotte Street
Membertou: 95 Maillard Street

NOVA SCOTIA WORKS SITES:

Glace Bay: 106 Reserve Street
New Waterford: 479 Heelan Street
Port Hawkesbury: 47 Paint Street
St. Peter's: 10036 Grenville Street
Sydney: 399 Charlotte Street
Sydney: 341 Welton Street

EDGE:

Sydney

AFTER-SCHOOL PROGRAMS

Sydney: Brookland Elementary,
153 Cottage Road

Sydney: Harbourside Elementary,
15 Church Street

Glace Bay: Glace Bay Elementary,
135 Brookside Street

Inverness: Inverness Education Centre
Academy, 59 Veterans Memorial Court

Port Hawkesbury: Tamarac Education
Centre, 57 Tamarac Drive

EARLY LEARNING CENTRES

Sydney: 399 Charlotte Street

Sydney: 442 Charlotte Street,
Ste 215 (NSCC)

Sydney: 45 Churchill Drive
(Cove Guest Home)

Guysborough: 27 Green Street